# MEDICAL MARIJUANA FOR CROHN'S DISEASE? WHAT YOU SHOULD KNOW.

**EDUCATIONAL SERIES:** HEALTH CONDITIONS

Updated 2023

FLORIDA LAW FORMALLY RECOGNIZES CROHN'S DISEASE AS A QUALIFYING CONDITION FOR MEDICAL MARIJUANA.

#### WHAT IS CROHN'S DISEASE?

Crohn's disease is a type of inflammatory bowel disease and is considered a chronic condition. People with Crohn's disease may experience symptoms such as stomach pain, diarrhea, bloating, fatigue, and sometimes weight loss.

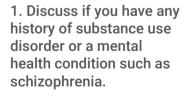
#### CAN MEDICAL MARIJUANA HELP CROHN'S DISEASE?

Few studies have examined the effect of medical marijuana as treatment for symptoms of Crohn's disease and the results of these studies so far have been mixed.

Studies to date suggest that medical marijuana might help with certain Crohn's disease symptoms, including: bloating, improved appetite, and pain relief.

Studies to date also caution that medical marijuana use may be associated with risks such as confusion, dizziness, and feeling sick (e.g., nausea).

#### WHAT SHOULD I ASK MY HEALTHCARE PROVIDER?



Patients with these conditions are often excluded from clinical trials that examine the effectiveness and safety of medical marijuana, due to concerns about an increased risk of adverse events.

2. Discuss if you are taking any prescription medications to treat other conditions, such as pain, depression, cancer, or for an autoimmune disorder.

Certain compounds found in medical marijuana (e.g., cannabidiol) can interact with medications for those conditions and may require further dosing adjustments that should be guided by a physician.

3. Report and discuss any concerning effects of medical marijuana with your physician.

There are many possible interactions between medical marijuana, diseases, medications, and other substances. Therefore, regular communication with your healthcare provider can assist in identifying risks.

The 2020 Florida Statutes. Title XXIX, Chapter 381, section 381,986. Medical use of marijuana.
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## **ABOUT THE CONSORTIUM**

Established in June 2019, the Consortium for Medical Marijuana Clinical Outcomes Research conducts, shares, and supports research on the effects of medical marijuana on health conditions and symptoms in Florida.

Composed of nine universities across the state and led by a leadership team at the University of Florida, the Consortium works to contribute to the understanding of medical marijuana use on health conditions and symptoms.



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#### **CONTACT US**

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