

MEDICAMENT

MEDICAL MARIJUANA RESEARCH NEWSLETTER



SPRING 2021

WELCOME TO MEDICAMENT,

the Consortium for Medical Marijuana Clinical Outcomes Research's quarterly newsletter.

Founded by the State of Florida, the Consortium conducts, disseminates, and supports research on the use and effects of medical marijuana on patient outcomes.

*In the Spring 2021 issue of
MEDICAMENT:*

- Cannabis Clinical Outcomes Research Conference (CCORC) 2021
- 2020-2021 Annual Report for the Consortium
- Evidence Updates
- Patient Cohort Recruitment
- Outreach Updates
- Get Involved in Research



Consortium for
Medical Marijuana
Clinical Outcomes Research

To learn more about the Consortium and our programs, visit us at mmjoutcomes.org.

CANNABIS CLINICAL OUTCOMES RESEARCH CONFERENCE (CCORC) 2021

Early bird registration ends April 1st, 2021



CANNABIS CLINICAL OUTCOMES RESEARCH CONFERENCE

APRIL 8TH - 9TH, 2021 | VIRTUAL

Learn, Share, and Advance Medical Marijuana Research

Take advantage of the early bird rate and register today for the inaugural Cannabis Clinical Outcomes Research Conference (CCORC).

CCORC 2021 connects researchers, physicians, community stakeholders, and industry leaders through two days of scientific presentations, panel discussions and poster sessions to expand our understanding of the effects of medical marijuana use on health conditions and symptoms.

REGISTER TODAY!

CCORC approved for Continuing Medical Education (CME) Credit for 3 Keynote Speakers

The Cannabis Clinical Outcomes Research Conference will offer 1 CME credit for each of the three Keynote presentations:



April 8th, 2021: 12:30-1:30pm (EST)

"Cannabis Science vs. Policies: Reconciling the Disconnect"

R. Lorraine Collins, PhD

Associate Dean for Research
Professor, Department of Community Health and Health Behavior
School of Public Health and Health Professions, University at Buffalo,
State University of New York

[Read about Dr. Collins.](#)



April 8th, 2021: 2:00-3:00pm (EST)

**"Clinical Trials of Cannabis in Cancer and Sickle Cell Pain:
'Not As Easy As It Looks!'"**

Donald Abrams, MD

Integrative Oncologist, UCSF Osher Center for Integrative Medicine
Professor, Department of Medicine

[Read about Dr. Abrams.](#)



April 9th, 2021: 12:30-1:30pm (EST)

**"Controlled Human Studies Investigating Cannabis Constituents for Pain:
A Translational Perspective"**

Ziva Cooper, PhD

Director, UCLA Cannabis Research Initiative
Associate Professor In-Residence, Psychiatry and Biobehavioral Sciences
Member, Brain Research Institute, Neuroscience GPB Home Area

[Read about Dr. Cooper.](#)

LEARN MORE ABOUT CME OFFERINGS

CCORC announces program and schedule of events

The Cannabis Clinical Outcomes Research Conference is excited to share the program and schedule of events for April 8th and 9th, 2021.

The schedule includes keynote addresses by national level experts in the field of cannabis research, panel discussions, as well as poster presentations and an exhibitor hall. [View the full program here.](#)

[LEARN MORE ABOUT CCORC 2021](#)

ANNUAL REPORT

The Consortium releases its 2020-2021 Annual Report

In February, the Consortium released its second annual report detailing its accomplishments from 2020-2021 and presenting plans for future initiatives. [Read the 2020-2021 Annual Report.](#)

EVIDENCE UPDATES

A Mapping Literature Review of Medical Cannabis Clinical Outcomes and Quality of Evidence for Approved Conditions from 2016 to 2019

The Consortium conducted a systematic literature review to identify and evaluate the most recently published literature that evaluated the effectiveness of marijuana for treatment of approved conditions.

From the studies identified, there were few of high quality with low risk of bias. Some studies suggested that certain treatment regimens have favorable risk-benefit when used as adjuvant treatment for select conditions, such as chronic pain and certain pediatric seizure disorders.

The authors concluded that more evidence is necessary to inform policy and treatment guidelines as this is currently insufficient for many conditions.

[Read the full article in Medical Cannabis and Cannabinoids.](#)

CLINICAL CORE UPDATES

Coming summer 2021: Patient Cohort Recruitment

The Consortium for Medical Marijuana Clinical Outcomes Research plans to launch its recruitment for the first patient cohort of current medical marijuana patients and individuals planning to start using medical marijuana.

The patient cohort will be asked to respond to several surveys:

- To examine the impact of medical marijuana on physical/mental health and quality of life
- To examine how patients choose specific medical marijuana products and dose to achieve optimal effects
- To track side effects associated with medical marijuana use including cannabis use disorder

The Consortium plans to recruit at least 700 adult participants to complete a sequence of surveys about their general health, history of cannabis and other drug use, medical marijuana use and related health outcomes.

More details about the Cohort coming soon!

OUTREACH UPDATES

WEBINAR: Understanding Medical Marijuana and its Potential Benefits and Harms in Older Adults Living with Pain

Population using medical marijuana (MM)

In Florida, by Feb. 2021

Active MM card holders: 491,370
Physicians who can certify patients: 2,627

- 58.9% of the state's early MM users (N = 754) were older adults
- Most common condition for MM use include musculoskeletal disorders and spasms (48.4%) and chronic pain (45.4%).
- Many of them are also on other drugs: antidepressants (23.8%), anxiolytics and benzodiazepines (23.9%), opioids (28.8%), and cardiovascular agents (27.9%)
- Brown et al. 2020

Yan Wang

Monitoring persons on medical marijuana

Potential harms...

- Accidents
- Interactions with prescription medications
- Coughing/lungs
- Spend lots of \$\$ but no health benefit
- Severe side effects (vomiting, passing out, dizzy, paranoid)
- Addiction (cannabis use disorder)
- Withdrawal

No strong evidence of causing cancer, severe lung disease, mental illness...
No strong evidence to suggest long-term cognitive effects in adults

Robert Cook

On Tuesday, February 23, 2021, Dr. Robert Cook and Dr. Yan Wang presented “Understanding Medical Marijuana and its Potential Benefits and Harms in Older Adults Living with Pain” to discuss various medical marijuana products in the state of Florida and its application for pain management within the older adult population. [Read the full story here.](#)

GET INVOLVED IN RESEARCH

Using or considering using medical marijuana in Florida and interested in research study participation?

Join the MMJ Registry

The Consortium maintains a registry of patients who are interested in being contacted to participate in medical marijuana studies.

Any current or future medical marijuana user in Florida can register their interest in participating in research.



By joining the MMJ Registry, you will help us identify patients for research studies quickly

and contribute to our understanding of the clinical benefits and side effects of medical marijuana.

JOIN THE MMJ REGISTRY

CARMMA: Changing the way we collaborate across the state of Florida



The Connect and Advance Research for Medical Marijuana Analysis (CARMMA) Database is accessible to researchers, physicians, and industry collaborators.

We believe collaborations bring research advancements. The CARMMA Database connects researchers, clinicians, and industry to foster medical marijuana research.

Anyone interested in engaging in medical marijuana research is invited to register in CARMMA to find collaborators.

JOIN THE CARMMA DATABASE

Have news or feedback to share?
Let us know!

Share your Consortium-related research and news through our [submission form](#).

Share your comments on our newsletter through our [feedback form](#).

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MEDICAMENT issues?

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